

# Megansett Yacht Club Youth Sailing

## Summer of 2011

Megansett Yacht Club Youth Sailing welcomes you and your family to our summer program designed for children between the ages of 7 - 18. To those who will be coming to our program for the first time, we extend a special welcome. We hope our new skippers will enjoy the wonderful and challenging sport of sailing. This exciting activity allows our youth to learn and participate each summer in our beautiful Buzzards Bay, compete on their high school and college team, and then beyond for the rest of their lives. Our goal is to promote the sport of sailing, encourage self-reliance, perseverance, responsibility, teamwork, and good character.

### **Hunter 140 ( ages 7-10)**

The Hunter 140 joined our fleet during the 2010 season. The 140 offers exhilarating performance with its planing hull, mainsail and jib, as well as wide bench seats. Its wide beam keeps it stable and dry while underway. The lightweight design allows for easy beach launching, and once rigged it stays rigged! This program is designed as an introduction to sailing in a fun, noncompetitive setting. Three to four children share a club boat with an instructor on board. Fun camp-style games are played.

### **Opti 1 ( minimum age 10)**

All Optimist sailors must provide their own sailboat. At first, beginners will sail two to a boat providing a safe, fun, learning experience. A carefully designed plan will outline each day. Games on and off the water will be played to enhance the skill building. Building confidence and enthusiasm is at the heart of this level. Sailors will learn rigging, de-rigging, boat maintenance, departure, steering, points of sail, and landing. The basic boat handling skills of tacking, jibing, and weight placement are emphasized. Sailing will be done in the harbor as well as the open bay in light winds. No previous experience is assumed. Sailors are encouraged to participate in local beginner low-key regattas.

### **Opti 2**

This program is a progression of Opti 1. Our intention is to provide more advanced boat handling and racing skills so sailors become more competitive in area regattas. This is not sailing boot camp because games will still be used to keep the fun while learning to make the boat go faster. A weekly MYC series will be included.

### **420 1**

MYC owns 6 boats in this class and members are permitted to use these for class. Sailors must be 12 years or older. This is the introduction to Double-Handed Sailing. Sailors will be introduced to teamwork while sailing a high-powered sailboat. Again, gentle introduction is characteristic of this level.

### **420 2**

(must have instructor's permission). Further boat handling skills are introduced, including the use of hiking trapezes and spinnakers. The excitement of tactical "Team Racing" will be newly introduced this year. Sailors will be encouraged to participate in local regattas. A weekly MYC racing series will also be included.

### **Class Schedule**

**Hunter Classes** – 3 sessions, each 2 weeks long,

1 1/12 hours per day, Monday-Thursday 9:00 -10:30, 10:30 -12:00, 1:00-2:30, 2:30-4:00

**Kid's Camp** – Introduction to sailing, "camp" setting. Friday mornings check the sailing board for class sign-up, geared toward 5-6 year olds who pass the swimming test

**Opti 1** - Tues, Thurs, Friday 9:30-12:00  
**Opti 2** - Tues, Thurs, Friday 1:30-4:30

**420 1** - Monday, Wed., Friday 9:30 - 12:00  
**420 2** - Monday, Wed., Friday 1:30 – 4:30

### Important First Week Dates

**Sunday, June 26th** -Sailor and Parent Meeting 10am. Opti boat drop-off and equipment checklist (may bring earlier in week and check in with instructors)

**Monday, June 27th** First Day of classes

**Sailing Sessions ends week of August 8th with Awards Banquet and Talent Show on Sunday, August 14th**

#### **Sailing Director:**

Grace Connelly

#### **Senior Instructor:**

Patrick Sleight

#### **Instructors:**

Michael Fothergill

John Hurley

#### **Junior Instructor:**

Catherine Conley

#### **Other Important Information**

Sailors may take Opti and 420 simultaneously

Life jackets and sailing footwear is required of all sailors

A watch with a timer is required for Opti 2 and 420 sailors. (recommended for others)

SAILING /foul weather clothes are **REQUIRED** on rainy, windy or cooler days.

Class will be held regardless of weather. If the conditions are too bad to launch, alternative lessons will be held in the clubhouse area.

### *Important Dates:*

Pirate Day - Wednesday, August 10h

Award Dinner and Talent Show - Sunday August 14th

Unkie Cup Dates for Optis:

Wednesday, July 6th, CYC

Wednesday, July 13th, MYC

Wednesday, July 20st, Buzzards Bay

Wednesday, August 3th, Wild Harbor

*Additional Regatta Dates TBD*

**APPLICATION FOR ENROLLMENT**  
**MYC SUMMER 2011**

NAME: \_\_\_\_\_ Date of Birth \_\_\_/\_\_\_/\_\_\_

Parents' Names: \_\_\_\_\_ Age on June 27, 2011 \_\_\_

Mailing Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Local Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

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**Hunter 140: \$200.00/per session; \$550.00/all 3 sessions**

- Session 1: June 27-July 7 (Monday-Thursday)
- Session 2: July 11-July 21 (Monday-Thursday)
- Session 3: July 25-August 4 (Monday-Thursday)

Please indicate time preference:  9-10:30  10:30-12:00  1-2:30  2:30-4:00

**Opti 1: \$475.00**

- Tuesday, Thursday, Friday: 9:30-12:00

**Opti 2: \$475.00**

- Tuesday, Thursday, Friday: 1:30-4:30

**420 1: \$625.00**

- Monday, Wednesday, Friday: 9:30-12:00

**420 2: \$625.00**

- Monday, Wednesday, Friday: 1:30-4:30

**Opti/420 combination class-permission of instructor schedule TBD \$700.00**

Additional Comments:

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***RESPONSIBILITY and LIABILITY RELEASE***  
**Megansett Yacht Club, North Falmouth, MA 02556**

**Assumption of Risk:**

I am aware that the activities of the program may involve maneuvering a boat on deep waters in potentially hazardous conditions which may include, without limitation, strong winds and high waves, sudden and unexpected immersion in deep waters and collision with other watercraft and/or stationary objects such as surface and submerged rocks, pilings and buoys. With full knowledge of the dangers involved, I voluntarily request that my child participate in the program. I accept any and all risks to myself and my child in the activities and use of the facilities and property of Megansett Yacht Club.

**Waiver of Liability:**

I waive and release any right I, my heirs, distributees, guardians, legal representatives and assigns may have or acquire to make claim against, sue, attach the property of, or prosecute Megansett Yacht Club or any of their directors for monetary damages caused by injury to my child or damage to the property of myself or my child arising from my child's participation in the activities and use of facilities and property of Megansett Yacht Club, whether or not injury or damage results from the negligence or other action.

I have carefully read this agreement and understand its contents. I am aware that the agreement includes a waiver of liability and an assumption of risk. I sign this document of my own free will.

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Name of Junior Sailor

Date

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Name of Parent or Guardian (please print)

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Signature of Parent or Guardian

Date

**Megansett Yacht Club  
Personal Health and Medical Form**

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Name of parent/guardian \_\_\_\_\_ Phone \_\_\_\_\_

Home address \_\_\_\_\_ Town/City \_\_\_\_\_ State \_\_\_\_\_

Business address \_\_\_\_\_ Town/City \_\_\_\_\_ State \_\_\_\_\_

If the person named above is not available in the event of any emergency, notify:

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

Name of personal physician \_\_\_\_\_ Phone \_\_\_\_\_

Health/Accident Insurance Carrier \_\_\_\_\_ Policy No. \_\_\_\_\_

In the case of emergency, I understand every effort will be made to contact me. In the event, I cannot be reached, I hereby give my permission to the physician selected to secure the proper medical treatment which may include hospitalization, anesthesia, surgery or injection of medication for my son/daughter.

Date \_\_\_\_\_ Signature of parent/guardian \_\_\_\_\_

Medical information past or present (please check):

Asthma	yes[ ] no[ ]	Heart Disease	yes[ ] no[ ]	Leukemia	yes[ ] no[ ]
Allergies	yes[ ] no[ ]	High Blood Pressure	yes[ ] no[ ]	Cancer	yes[ ] no[ ]
Convulsions	yes[ ] no[ ]	Diabetes	yes[ ] no[ ]	Hemophilia	yes[ ] no[ ]

Explanations: \_\_\_\_\_

Allergies:

Food yes[ ] no[ ] Plants yes[ ] no[ ]

Medicines yes[ ] no[ ] Insect bites yes[ ] no[ ]

Explain any YES answers and give all information needed to provide as safe and as full participation as possible.

Any special equipment such as orthopedic or handicap devices, glasses or contacts, dentures?

What? \_\_\_\_\_

Date of last Tetanus shot: \_\_\_\_\_

## Acknowledgement of Policies and Conduct Codes

**Please carefully read and understand the Rules of Safety and Codes of Conduct listed on the following pages. After reading please acknowledge your understanding by signing and returning this page with your completed application. Please retain the list for your use.**

**I, \_\_\_\_\_, have read and understand the Megansett Yacht Club rules of safety and codes of conduct. I agree and understand that said codes are in effect for the safety of all sailors involved in the program. I agree and understand that failure to follow them may result in expulsion from the class, and in the event of repeated violations, expulsion from the program. I further understand that any and all program fees will NOT be refunded in the case of expulsion.**

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**Student's name/signature**

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**Signature of Parent/Guardian**

**Date**

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## **Registration is Due by June 1<sup>st</sup>.**

The application is 4 pages. **Each Sailor needs to have 1 completed (page 1) application. *Pages 2-4 can be completed PER FAMILY.***

**Completed application(s) should be mailed to:**

Carolan Blackwood, 13 Summit Drive, Hingham, MA 02043.

**Payments in full should be to mailed to:**

Megansett Yacht Club, 237 County Road, P.O. Box 1472, North Falmouth, MA 02556.